# Khalanskyy Vyacheslav Volodymyrovych

# **Psychotherapist**

### **CONTACTS**

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# **EDUCATION**

#### 2022

the beginning of training in the Mindfulness Instructors Training program (mindfulness practices)

2015 - till now

Institute of Social and Political Psychology of the National Academy of Pedagogical Sciences of Ukraine

Thesis preparation, topic: "Social and psychological conditions for developing personal readiness for a dialogical interactions in prospect psychologists."

### 2017

Vienna School of Existential AnalysisCompleted a five-year psychotherapeutic training in existential and analytical school of psychotherapy under the supervision of A. Lengle and A.S. Barannikova

Year of certification: 2018

#### 2017/10/10

Certified Consultant for career guidance testing for adults Certificate No MA-00019

### 2013/07/03

Magelano UniversityCertified counselor for vocational guidance testing package Certificate No 2640134

### 2012

Karazin V. N. National University, Kharkiv Master degree in psychology Specialty: psychology, teaching

### PROFESSIONAL EXPERIENCE

2009 - 2022

Cooperation with the Ukrainian court system. Conclusion and expert analysis as a result of psychological or physical abuse

2021 - 2022

Superior Court - <u>Placer County</u>; Location: Roseville Courthouse; 10820 Justice Center Drive, Roseville, CA 95678 (916) 408-6000.

2020 - till now

Organizer and lecturer of the educational and therapeutic program <u>"The Fundamentals of Existential Analysis and Logotherapy"</u>

2018 - 2021

Collaboration with Dr. John Gottman, Gottman Institute

2016 - 2020

Deutsches Institut für Jugend und Gesellschaft Collaboration with the German Research Institute Youth and Society Publishing project "Shame and loss of affection" by Joseph Nicolosi

February 24, 2018

Certification in TRE (Trauma Releasing Exercises) under the supervision of Andreas Herold, Zurich, Switzerland

February 4, 2018

The Fish Educational Platform

Writing skills training

Teachers: Elina Slobodyanyuk, Lyubko Deresh, Mark Levin, Sergei Loiko

2017 - till now

The head of a research grant project in Ukraine on the study of forgiveness and mental health from the <u>Templeton World Charity Foundation</u> under the supervision of Everett Worthington (University of Virginia), VanderWeele, Tyler J. (Harvard University) and Maya Mathur (Stanford University).

2017

Research work

Templeton World Charity Foundation and Ukrainian Catholic UniversityDepartment of Psychology

Theme: Phenomenon of forgiveness, under the supervision of Everett Worthington

2016 - 2017

Research work, supported by Langham Trauma Project, USA

Theme: "Family as a source of psychological trauma of personality in context of the military conflict in Ukraine"

2016 - 2017

M. Dragomanov National Pedagogical University, Kyiv, Ukraine Department of Psychology Teacher of Psychology

2015 - 2016

Ukrainian Theological Seminary

Position: Head of Psychology and Counseling Department

Received a US grant for developing the department (long-term project)

2014 - 2016

Assistance to refugees from Donetsk and Lugansk. Worked as a volunteer.

2011 - 2013

Medical Institute for Sexual Health, USA

Collaboration with the Medical Institute of Sexual Health and the Center for Social Services for the Family, Children and Youth

2014 - 2015

Propaedeutics of Psychiatry, 156 hours.

The course has a European certification and is part of the Association of Ukrainian Psychotherapists.

2013 - 2015

Ukrainian Theological Seminary, Kyiv, Ukraine (member of a European accrediting association and a Euro-Asian accrediting association)

Head of training programs in psychology

Achievements: developed a program on child psychotherapy; developed a program addressing psychological trauma, in collaboration with Regent University and B.Hrinchenko Kyiv University.

### PUBLISHING PROJECTS

2022

My book in the process of being published dedicated to emotional burnout. Total number of pages – 350. <u>Vivat Publishing House</u> (Kharkiv). Editor Tatyana Kuksova - <u>t.kuksova@vivat.factor.ua</u>

2019

Publication of my first book "<u>The sun is inside. How to learn to live your life despite fear"</u> («Солнце внутри: как жить своей жизнью, несмотря на страх. Психологические зарисовки»)

2018

Completed the translation and publishing project of Joseph Nicolosi's book "Shame and loss of affection"

#### 2016

Implemented a translation and publishing project on a series of books on psychoeducation, in partnership with the Swiss clinic Klinik Sonnenhalde and Svichado Publishing House, Ukraine. 2016 – Managed publishing projects in the field of scientific and popular scientific literature on psychology, psychotherapy and clinical psychology, including:

- Sexuality and Sexual Disorders by Mark Yarhouse and Erica Tan / translated by A.
  Panych and L. Crook. Cherkassy: Colloquium, 2016. 371 pages.
- Depression: The Disease of the present by Dr. Samuel Pfeiffer / translated by Kushnikov. Lviv: Svichado, 2017. – 88 pages.
- Psychosomatics / Dr. Samuel Pfeiffer; trans. O. Kushnikov. Lviv: Svichado, 2017. 88 pages.

### ARTICLES AND PUBLICATIONS

- Voytenko, V. L., Pargament, K. I., Cowden, R. G., Lemke, A. W., Kurniati, N. M. T., Bechara, A. O., Joynt, S., Tymchenko, S., Khalanskyi, V. V., Shtanko, L., Kocum, M., Korzhov, H., Mathur, M. B., Ho, M. Y., VanderWeele, T. J., & Worthington, E. L., Jr. (2021). Religious coping with interpersonal hurts: Psychosocial correlates of the brief RCOPE in four non-Western countries. Psychology of Religion and Spirituality. Advance online publication. Religious coping with interpersonal hurts: Psychosocial correlates of the brief RCOPE in four non-Western countries.
- Svetlana Kravchuk, Khalanskyi Viacheslav. FORGIVENESS AS A PREDICTOR OF MENTAL HEALTH IN CITIZENS LIVING IN THE MILITARY CONFLICT ZONE. "Journal of Education Culture and Society". Publication date 2022 June-July. Reviewer by Aleksander Kobylarek.
- Khalanskyy Vyacheslav. The main prerequisites for the integration of psychology and theology / O.M. Kononenko. // Journal of Kyiv Institute for Business and Technology "Christian Psychology: Challenges and Perspectives": 2nd International Conference on Christian Psychology. K. KiБiT, 2012. No 3. P.25-31.
- Khalanskyy Vyacheslav. Influence of the religious factor on the value-semantic structure of individual / O.M. Kononenko. // Journal of Kyiv Institute for Business and Technology "Christian Psychology: Challenges and Perspectives": 2nd International Conference on Christian Psychology. K. Kibit, 2012. No 3. P.71-80.
- Khalanskyy Vyacheslav. Christian psychology as an integrative concept / Marta Bilyk, Irina Horbal // "Ukrainian Psychotherapy in Search of its Place in Public Relations": a collection of materials of the All-Ukrainian Interdisciplinary Scientific and Practical Conference (Lviv, March 29-30, 2013). Lviv, 2013. P.43-48.
- Khalanskyy V. Christian psychology as a way of integrating theology and psychology / V.V. Khalanskyy // Scientific notes of the National University of Ostroh Academy.
  Psychology and Pedagogy. 2013. Issue 23. P.278-282.4
- Khalanskyy V. Problems of dialogue of communication as spiritual and psychological dimension of personality / V.V. Khalanskyy // Scientific notes of the National University of Ostroh Academy. Psychology and Pedagogy. 2013. Issue 27. C.145-149.
- Khalanskyy V.V. Dialogical interaction as a developing method of communication / I. P.

- Manoha // International Chelpaniv Psychological and Pedagogical Readings. Humanitarian Journal of G. Skovoroda Pereyaslav-Khmelnytskiy State Pedagogical University. Annex 2 to Issue 35, T1 (13): Topical Issue. K.: Gnosis, 2015. P.366-379.
- Svetlana Kravchuk, Vyacheslav Khalanskyy. Features of mutual relations in family and attitude towards political and legal sphere in the context of military conflict in Ukraine. Humanitarium / H.Skovoroda Pereyaslav-Khmelnytskiy State Pedagogical University». Pereyaslav-Khmelnytskiy (Kyiv reg.); Nizhyn (Chernihiv reg.): Lysenko M.M., 2017. Vol.39, Iss.1: Psychology. 155 p.
- Svetlana Kravchuk, Vyacheslav Khalanskyy. The Family as a source of mental trauma of personalityin context of the military conflict in Ukraine. Monography. Langham Trauma Project, USA. 31.06.17.
- Articles in the process of publication in the collection of scientific works in P.L.Shupic NMAPO, 2018:
  - Evidence-Based Practice Guideline for the Treatment of Adult Patients with Depressive Disorders Part I: Psychiatric Management Authors: Vitaliy Voytenko, Psy.D. Wheaton College, Wheaton, Illinois, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Louis Nykamp, M.D. Pine RestChristian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of HumanMedicine, Grand Rapids, Michigan, USA Eric Achtyes, M.D., M.S. Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Radosveta Stoyanov, M.D. Network 180, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Krista Anderson, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Stephen Thomas, Ph.D.Pine Rest Christian Mental Health Services, Grand Rapids. Michigan, USA Evonne Edwards, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Selina Hill Lee, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Daniel Post, Psy.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Nicole Wyngarden, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Vvacheslav Khalanskiv, Ph.D. (ABD) Institute of Social and Political Psychology, The National Academy of Pedagogical Sciences of Ukraine, Kyiv, Ukraine.
  - 10.2. Evidence-Based Practice Guideline for the Treatment of Adult Patients with Depressive Disorders Part II: Psychotherapy Authors: Vitaliy Voytenko, Psy.D. Wheaton College, Wheaton, Illinois, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Krista Anderson, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Nicole Wyngarden, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Daniel Post, Psy.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Eric Achtyes, M.D., M.S.

Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Stephen Thomas, Ph.D. Pine Rest 4 Christian Mental Health Services, Grand Rapids, Michigan, USA Evonne Edwards, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Radosveta Stoyanov, M.D. Network 180, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Louis Nykamp, M.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Michigan State University College of Human Medicine, Grand Rapids, Michigan, USA Selina Hill Lee, Ph.D. Pine Rest Christian Mental Health Services, Grand Rapids, Michigan, USA Vyacheslav Khalanskiy, Ph.D. (ABD) Institute of Social and Political Psychology, The National Academy of Pedagogical Sciences of Ukraine, Kyiv, Ukraine.

## CONFERENCES, PRESENTATIONS, MASTER-CLASSES

#### 2021

Scientific and practical conference on existential analysis. Topic: Being and correlation with meaning: aspects of psychotherapy.

### 2020

Participation in the scientific-practical conference with international participation of Existential Analysis and Logotherapy. Topic: Personal Existence and psychotherapy.

### 2018

Participation in the congress <u>GLE-International</u> in Dresden (April 27)

#### 2017

Participation in the International Congress "Potential Person: Resource Orientation in Psychotherapy, Counseling, Coaching and Pedagogy" (Berlin), May 4.2-5, 2014.

### 2017

Participation in the "Existential Analysis and Logotherapy" scientific-practical conference (Kyiv), December 16, 2017.

### 2015

Participation in the World of Psychology 5th International Festival, conducted by the Eastern European Institute of Psychology (Ukraine - France), Institute for Problems of Education of the Academy of Pedagogical Sciences of Ukraine, H.Skovoroda Pereyaslav-Khmelnitsky Pedagogical University, Institute of Psychology L.Shchukina, Consulting and Training International Expert Agency, Lviv Regional Institute of Postgraduate Pedagogical Education, Western Ukrainian Resource Center, The European Center for Development of Child and Family, with the support and participation of the Andrzej Frých Academy of Krakow Modjevsky (Poland), Global University (Italy - USA), and the Psychology Today Journal.

### 2014

Participation in "Psy-Factor" international scientific-practical conferences since 2014 The main themes of the master classes:

- What to do if work does not bring pleasure?
- Psychological mechanism of manifestations of panic attacks in the conditions of fierce competition.
- An existential-analytical view of proximity and well-being.

# MEMBERSHIP IN PROFESSIONAL COMMUNITIES

- Association of Psychotherapists of Ukraine (Existential Analysis Section)
- GLE-International
- Eastern and Central European Mental Health Advisory Group
- European Association for Gender Wholeness
- The European Movement for Christian Anthropology and Psychology (EMCAPP)
- TRE and Traumatherapy Association of Ukraine